



Evaluation Summary

5th Annual Jefferson Forum: Recognizing & Inspiring Resilience May 8, 2019 at the Crowne Plaza South

General Results

- **100%** of attendees agreed that the Forum was **productive** to attend (65% strongly agreed)
- **99%** of attendees responded they are **likely to attend next year's** Forum
- **44%** of attendees (n=121) submitted **evaluation forms**
- **4.5 on a 5 point scale** was the average attendee rating for **workshops**

Recognizing & Inspiring Resilience

Attendees described the Forum's activities as **informative**, **inspiring**, and **engaging**:



Whitehall Mayor James Nowalk & Tim Hindes, creator of the Stronger than Hate Logo, discussed **community resilience** in the face of tragedy.



A **panel of local experts** helped attendees to understand **the causes and symptoms of trauma** and the **power of resilience**.



Attendees engaged in **interactive workshops**, designed to **build professional, organizational, and community resilience**.



Attendees drew inspiration from the **Jefferson Photo Gallery**, which featured **the resilient activities of local people, programs, and orgs.**



Spotlight Presenters shared **compelling presentations** highlighting individual, community, & organizational resilience.



The Multigenerational Mixer explored the power of resilience **through the lenses of different generations.**

What People Liked Most

- Networking & Collaboration
- Workshops
- Quality of Speakers
- Resilience Theme

What People Liked Least

- Rushed Timing for Workshops, Transitions, & Snack Break
- Cold Room Temperature
- Early Start Time

What People Want in the Future

- Longer Workshops
- More Time for Discussion
- Add More Spotlight Presentations
- More "Hands-On" activities

Attendee Composition

of People in Attendance

275

Organizations Represented

150

What People are Saying

"Positive energy and a variety of options around the powerful theme of resilience."

"Amazing and impactful! The Forum was inclusive, invested, and inspiring!"

"My workshops went beyond my expectations and translate far beyond my professional work."

"I really liked the information on multigenerational interactions. It was informative and useful."

"The spotlights were great! Kept our attention and shared exciting stories and information."

"Great to hear about agencies and resources in our shared communities!"

Enhancing Your Forum Participation

Taking Action to Further Resilience in the Jefferson Area



32 Attendees signed up for the **Jefferson Community Collaborative** Newsletter to receive updates from our 90+ member organizations as they work to positively impact the health & vitality of Jefferson Area Communities.



25 Organizations signed up to host an **Around the Table South** community conversation in the Fall of 2019. These conversations promote community resiliency through resident engagement.



24 Attendees signed up to participate in **Mental Health First Aid**, a community education training program which increases knowledge about mental health and reduces stigma.



41 Organizations signed up to join local community education and promotion efforts for the **2020 Census Count**. An accurate Census count is crucial in accurately funding local programs that make our communities and our residents resilient.

If your organization would like to engage with one of these opportunities and missed telling us at the Forum, please contact the Jefferson Regional Foundation at foundation.info@jeffersonrf.org or **412-267-6770**.

Extending the Workshop Experience Through Continued Learning

Attendees raved about the Forum's workshops, applauding how relevant and informative they were. To continue your learning, **our workshop leaders have provided follow-up resources** to help you stay engaged:

Visit our website at www.jeffersonrf.org/Forum2019
or click on each workshop link below to view additional resources.

Thank You to Our Trauma & Resilience Panelists

Stephanie Walsh
Center for Victims

Erin Troup
Sprout Center for Emotional Growth & Development

Taili Thompson
Allegheny County Health Dept.

Ashok Gurung
Bhutanese Community Association of Pittsburgh

Joe Martin
Allegheny County Dept. of Human Services

Cultural Humility: Challenging Assumptions for Life-Long Learning
Dr. Azadeh Masalehdan Block,
California University of PA

Shifting the Lens: Practical Applications of Trauma-Informed Care
Joe Martin & Colleen Davis-Maxwell,
Allegheny County Dept. of Human Services

Resilient Fundraising: Professional Tips for Obtaining Government Grants
Joe Kuklis & Luc Montminy,
Wellington Strategies

Learning to Love Change: How Leaders Can Create Cultures that Support Change
Wayne Jones, Wayne A. Jones Consulting

The Power of the Pen: Getting Public Attention on Your Issues
Mila Sanina, PublicSource

Staying Well While Doing the Work: Self-Care Through a Trauma-Informed Lens
Stephanie Walsh, Center for Victims

Building Your Facilitation Skills
Leslie Bonner, Bonner Consulting

