**QUICK FACTS**

**Attendee Composition** –
- 178 people in attendance
- 104 organizations represented

100% of attendees agreed the Forum was productive to attend (85% strongly agreed)

100% of attendees are likely to attend future Forums

45% of attendees (n=178) submitted evaluation forms

4.6 on a 5 point scale was the average rating for workshops

4.5 on a 5 point scale was the average rating for activities

**OVERALL EVALUATIONS**

**What Attendees Liked Most** –
1. Networking and being in person
2. Dr. Jay Apt keynote
3. Fun, interactive, and engaging activities

**What Attendees Liked Least** –
1. Being limited to 1 workshop
2. More guidance needed with café convos
3. The cold room temperature

**What Attendees Want in the Future** –
1. More workshops & activities
2. Longer program
3. Structured networking

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**KEYNOTE SPEAKER FEEDBACK**

Dr. Jay Apt, former astronaut with four shuttle missions, shared his experiences in navigating unknown territory and finding the capacity within to thrive in an era of change.

100% of respondents were “Very Satisfied” or “Satisfied” with the Keynote Speaker, Dr. Jay Apt.

“The keynote speaker, Dr. Jay Apt, was so incredible. His life experiences and sharing the importance of teamwork really resonated with the theme.”

“This was a great theme and a good way to get people together for the first time since the pandemic.”

continued on next page
**FIVE WORKSHOPS – EDUCATE**

Attendees had the opportunity to participate in one of five highly rated workshops with 18 panelists.

- **Navigating Civic Engagement and Why It Matters** – Maryn Formley, VEEEM Pittsburgh; Tracy Soska, LSW, Pitt School of Social Work and Allegheny County Library Association; Randi Vega, Age-Friendly Greater Pittsburgh; Laura Wiens, Pittsburghers for Public Transit
- **Navigating DEI in the Workplace** – Godfrey Bethea, Greater Pittsburgh Community Food Bank; Michael Jones, Allegheny Intermediate Unit; Dr. Angelica Perez-Johnston, Community College of Allegheny County
- **Navigating Government Funding** – Amber Farr, Allegheny County Department of Human Services (DHS) Program Offices; Kathy McCauley, Allegheny County Department of Human Services; Johanna Pro, Pennsylvania Department of Community & Economic Development; Carol Shrieve, Carnegie of Homestead
- **Navigating Communications** – Aaron Billger, Highmark Health; Caitlin Green, ServiceLink; Khara Timsina, Bhutanese Community Association of Pittsburgh; Megs Yunn, Beverly’s Birthdays
- **Navigating the Future of Work** – Carey Harris, Literacy Pittsburgh; Charlene Newkirk, Community College of Allegheny County; Laura Zinski, Mon Valley Initiative

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**SIX ACTIVITIES – EXPLORE**

Attendees navigated the unknown in the afternoon with activities centered around exploration. Groups participated in movement exercises, virtual reality, body percussion, geocaching, 3D printing and improvisation.

- Exploring Rhythmic Mindfulness Through Body Percussion with Center of Life
- Moving Through Change with Attack Theatre
- Exploring Virtual Reality: Collaborative Painting with CMU’s Big Mixed Reality Team
- Navigating Geocaching with Venture Outdoors
- Improvising Through the Unknown with Arcade Theater
- Navigating Digital Fabrication with Carnegie Science Center’s Mobile FabLab

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**ONE-ON-ONE COACHING**

Registrants had the opportunity to engage in one-on-one coaching sessions throughout the day with five coaches discussing a variety of essential nonprofit topics including communication strategies, using data, evaluations, technology and small organizations.

- Tim Hindes, Trailblaze Creative – Improving Nonprofit Communication Strategies and Branding
- Liz Monk, Western Pennsylvania Regional Data Center (WPRDC) – Using Public Data in Your Program and Grants
- Susan Chase, Open Minds LLC – Evaluation and Outcomes - Making it Clear!
- Cindy Leonard, Cindy Leonard Consulting – Technology Strategies for Your Organization
- Lucille Dabney, Program to Aid Citizen Enterprise (PACE) – Small Organizations, Big Impact

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**JEFFERSON CAFÉ CONVERSATIONS**

At the end of the day, attendees participated in open conversation time with Table Topics selected and hosted by Forum participants.

“I loved the organic conversations and connections made during the Jefferson Café.”

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**ACTIVATE**

- 18 attendees signed up to participate in the Diversity, Equity & Racial Justice Action Team
- 16 organizations signed up to learn more about our voter engagement efforts and become Voter Engagement Champions with the Jefferson Votes campaign
- 7 attendees signed up to participate in the Civic & Policy Action Team

For more information, contact Community Engagement Manager Danny Vereb and daniel.vereb@jeffersonrf.org or 412-990-7115.